

CLEVELAND HEIGHTS HIGH SCHOOL

PEEKAT THE WEEK

DECEMBER 2, 2024

Mission: Our schools provide a challenging and engaging education to prepare all our students to become **responsible citizens and succeed in** college and career.

OST TESTING: DEC. 3 - 16

Students who need to complete December Ohio State Testing have received notification from Guidance about their testing dates and locations.

The specific testing dates per content area are provided in the student letters that were sent out.

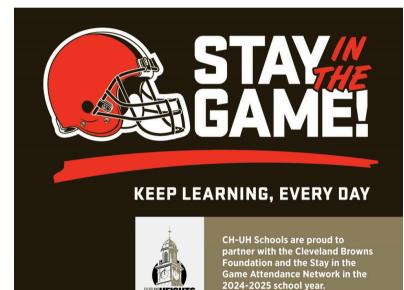
If you have any questions, please contact your Guidance Counselor (see pg. 7 for your counselors' contact information).

TRUSTED ADULT SURVEY

Do you have a trusted adult in the building?

A trusted adult is any staff member whose actions and words make you (the student) feel safe, who you feel cares about you, respects you, and you would feel comfortable confiding in.

Please take a moment to complete the **Trusted** Adult Survey identifying at least one staff member you would call your trusted adult. Please do not select more than 5 trusted adults.



LAND HEIGHTS

The District has adopted a plan for communications with persons with disabilities, which is available here.

The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.

Vision & Expectation: A diploma in every hand. A plan in every head. A purpose in every heart.

Heights High School



CH-UH HOLIDAY CARD CONTEST: DUE DEC. 2

Tiger Nation students from preschool through 12th grade are encouraged to participate in the fourth annual CH-UH Holiday Card Contest!

The winning artwork will be featured as the 2024 CH-UH Holiday Card cover. The student's name, grade, and school will be noted on the card. The top 3 winners will be recognized at a Board of Education meeting and receive a \$50 cash price from the Heights Schools Foundation.

Superintendent Kirby will select one of the winning cards for the holiday card, which will be available for purchase by the community for a limited time. Proceeds will benefit arts education in CH-UH.

Artwork Theme: Happy Holidays/Season's Greetings

Submissions should reflect holiday-spirited or winter themes. Artwork may not reference or contain images of specific religious holiday/religions. Any artwork that depicts copyrighted images cannot be considered.

Any student who is currently enrolled in CH-UH is eligible to participate. **The deadline for submissions is today, December 2.** <u>Click here</u> for more information.

COLLEGE NOW GREATER CLEVELAND SERVICES AT HEIGHTS HIGH

College Now Greater Cleveland is proud to offer comprehensive support to students at Cleveland Heights High School through our GEAR UP and Educational Talent Search (ETS) programs. These initiatives are designed to guide students through their educational journeys and help them prepare for college and future careers.

<u>GEAR UP Program</u>: Focused on serving the Freshman and Sophomore classes, GEAR UP provides personalized, one-on-one advising, workshops, and exposure opportunities to help students develop essential skills and knowledge for higher education.

<u>Educational Talent Search Program</u>: Tailored for Juniors and Seniors, ETS offers similar support, including individual advising, college readiness workshops, and enrichment activities that prepare students for the transition to college life.

Each program is dedicated to empowering students with the tools they need for success. We encourage grade-level teachers to sign up for workshops and partner with us to maximize student engagement and preparation.

For more information or to schedule a session, please reach out to our team!

<u>Click here</u> for their contact information.

HEIGHTS COSMETOLOGY STUDENT SALON GRAND OPENING: DEC. 9



Please make your reservation by calling: (216) 320-2333 After more than five years, the Cleveland Heights Cosmetology Salon is reopening its doors to the public! Come join us for a day of celebration, community, and creativity.

Monday, December 9, 2024 Open House: 9:30 - 11:00 a.m. Grand Opening: 12:00 - 3:00 p.m. Location: Cleveland Heights High School

Open House Highlights:

 * Tour the salon and meet our talented student stylists!
 * Enjoy complimentary refreshments and exciting giveaways.

Grand Opening Features:

 * Experience professional salon services provided by the Cosmetology CTE students.
 * <u>Salon services</u> available for cash and check payment.

Lets come together to celebrate this special moment and support the incredible work of our future beauty industry professionals. We cannot wait to see you there!

HEIGHTS CTE APPLICATION IS OPEN!

Class of 2027...have you applied for your CTE program yet?

The Career Technical Education (CTE) application is now open for current sophomores to apply for one of the 22 Heights Career Tech programs.

Students can apply for the program of their choice at <u>HeightsCareertech.com</u>.

<u>Click here</u> to learn more about the 22 programs that are available through the Heights Consortium.

Remember, each program is a two-year commitment to prepare you for your chosen career path, the workplace, and college.





Sophomores, take the first step towards your future career by submitting your Heights Career Tech applications today at HeightsCareerTech.com!



Any questions? Ask your Guidance Counselor about Career Tech!

HOLIDAY SPIRIT WEEK: DEC. 9 - 13

Heights High, show your school spirit and end the quarter with some fun by participating in Heights High's <u>Holiday Spirit Week</u> from December 9 - 13!

Monday, Dec. 9 - Merry Monday Represent your class/grade by wearing your assigned color!

12th Grade: Red11th Grade: Green10th Grade: White9th Grade: Blue

Tuesday, Dec. 10 - Tinsel Tuesday Wear any festive accessories with your outfit.

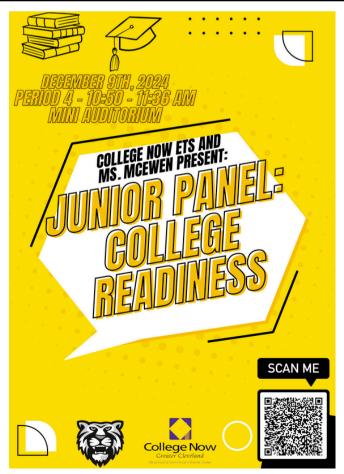
Wednesday, Dec. 11 - Wacky Wednesday Wear your favorite festive, ugly sweater!

Thursday, Dec. 12 - Winter Character Day Dress like or wear the logo clothing of your favorite winter holiday character. Be creative!

Friday, Dec. 13 - Cozy Day Wear your favorite comfy, cozy pajamas!



JUNIOR COLLEGE READINESS PANEL: DEC. 9



Juniors, are you interested in going to college?

The College and Career Readiness office and College Now ETS are hosing a Junior Panel for students interested in attending college, having Seniors, selected by Mrs. McEwen, speaking about the process, and providing tips, feedback, and also giving advice on things they wish they would have done earlier in the process to get Juniors to start thinking about what they want to do looking forward to the fall semester of their Senior year.

The event will be held on **December 9th**, during **4th period** in the Mini Auditorium.

<u>Click here</u> to sign up for the event or scan the QR code on the flyer on the TV monitors.

If you have any questions, please see Mr. Lucas or Mrs. McEwen.

METROHEALTH SCHOOL HEALTH PROGRAM



The <u>MetroHealth Institute for H.O.P.E. School</u> <u>Health Program</u> is partnering with CH-UH to offer health care services on-site at your child's school. Your child will now have easier medical service access during the school day.

Additionally, CH-UH City School District students, their families, and staff members can receive routine health care at the **Heights Wellness Center** inside Heights High School.

What services does MetroHealth provide?

- Physicals (annual/sports/work permit)
 - Injury/illness care
 - Routine lab tests
 - Teen services
 - Mental/behavioral health

- Immunizations
- Care for chronic conditions, including asthma, allergies, diabetes and seizure disorders
 - Health education and prevention
 - Telehealth, to supplement in-person care

How to enroll your student:

Fill out an online <u>consent form here</u>. Students' consent forms remain valid for as long as they attend school in the District.

<u>Click here</u> for more information and the Fall 2024 Schedule.

SIGN UP FOR HEIGHTS HIGH'S SPORTS INFORMATION CLUB

Do you love watching, listening to and talking about sports? Are you interested in a career in sports broadcasting, journalism or social media marketing?

Heights High's new Sports Information Club might be right for you!

You get to choose where to focus your energy ... from photographing or filming games to live play-by-play announcing to managing a team's social media. You could also write game recaps and player profiles for the District's athletic website or keep a team's stats.



You will get to travel to away games with a team of your choosing, wear Heights branded gear and learn from industry professionals. You choose which sports season(s) to participate and you get to request specific teams to work with.

Fill out this <u>Google form</u> to get started or reach out to Athletic Director Joe D'Amato at j_damato@chuh.org if you have additional questions.

SENIOR INFORMATION PAGE

Dennis Kless, Senior Advisor d_kless@chuh.org Nancy Rich-Drehs, Senior Advisor n_rich@chuh.org

ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a <u>senior checklist</u> for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATE Senior Class Page

Make sure to check the <u>Class of 2025 page</u> on the District website throughout the year for regular updates and important information!

PREPARE College & Career Readiness

Look below for information on post-secondary opportunities for seniors and their families to get help with navigating the financial aid and application process.

<u> "Senior Scene" Newsletter - November 2024</u>

Please check <u>Naviance</u> for other upcoming college representative visits to Heights High and for scholarship opportunities.

If you are receiving **merit scholarships or acceptance letters** from colleges and universities, please **email Mrs. McEwen a copy** or come to Room 105 with the letter.

Seniors and parents - now is the time to **create an FSA ID** for the upcoming FAFSA. Each student and parent must have their own FSA ID account to complete the FAFSA. <u>Click here</u> for more information on how to create and FSA ID.

> **Family Financial Aid (FAFSA) Night** Tuesday, December 10 from 5:00 - 7:00 p.m.

Families will be able to get help with creating their FSA IDs and submitting their FAFSAs (if they have all required materials). Please contact Mrs. McEwen if you have any questions.

If there are any Seniors who are pursuing a **degree in Education**, please see Mrs. McEwen for a **special scholarship opportunity**. Information about this opportunity will also be presented at the Family FAFSA Night for all who are interested.

High School 2 the Future!

Freshman Checklist Sopkomore Ckecklist Junior Checklist

STAY INFORMED!		Junior	- "	9th Grade				
LOOKING AHEAD:	OST Testing	College Readiness Panel	Family Financial Aid Night	Vision & Hearing Screening		CHHS Midterm Exams		
	12/3 - 12/16	12/9	12/10	12/11	12/13	12/18 - 12/20		
· · HEIG	СН	UH.ORG - VIE		G EVENTS.		••••••••		
	GRA	DE INFORM	E INFORMATION, AND THE LATE DISTRICT HEADLINES.			S, ST / <u>ClevelandHeightsTigers</u> X / <u>HeightsHighCHUH</u>		
		CHHS Grade Level Offices:						
PER NATIO			9th Grade Office Principal: <u>Ms. Perry</u>			10th Grade Office Principal: <u>Ms. Thomas</u>		
CHHS Social Workers: <u>Kristin Dadas</u> (216) 320-3213 2028 Cohort - Last Names A - G All 2027 Cohort <u>Allison Craig</u> (216) 320-3017 2028 Cohort - Last Names H - O All 2026 Cohort			Attendance Line: (216) 320-3171 Office Line: (216) 320-3170			Attendance Line: (216) 320-3161 Office Line: (216) 320-3160		
		Princi Attendance	Ilth Grade Office Principal: <u>Mrs. Hansen</u> Attendance Line: (216) 320-3211 Office Line: (216) 320-3210			12th Grade Office Principal: <u>Mr. Smith</u> Attendance Line: (216) 320-3201 Office Line: (216) 320-3200		
		CHHS Counselors:						
			<u>dra Menefee</u> Names A - E	Charlene S Last Names		s <mark>ha McEwen</mark> ege & Career		

Latiesa Kirkpatrick

(216) 320-3125 2028 Cohort - Last Names P - Z All 2025 Cohort

Last Names M - R (216) 320-3006

College & Career Readiness (216) 320-3065

Taylor Bryant

(216) 320-3090

Last Names F - L (216) 320-3057

Michael Murray Last Names S - Z (216) 320-3068

SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the referral form located in the Quick Links section of Heights High's page on CHUH.org. Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. All services are free. This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services listed here.

ECURITY SCOC

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Our "see something, say something" policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report online.

